



*Musculoskeletal*

## **Barriers and facilitators to the implementation of the TTCM**

...an appraisal by the Australian Physiotherapy Association

Author : The Australian Physiotherapy Association

Traumatic injury is the most important cause of long-term functional limitation in young adults, accounting for more lost years of productivity than other conditions in this population.

To improve the rehabilitation process of trauma patients, a group of physiotherapists in the Netherlands developed the Transmural Trauma Care Model (TTCM).

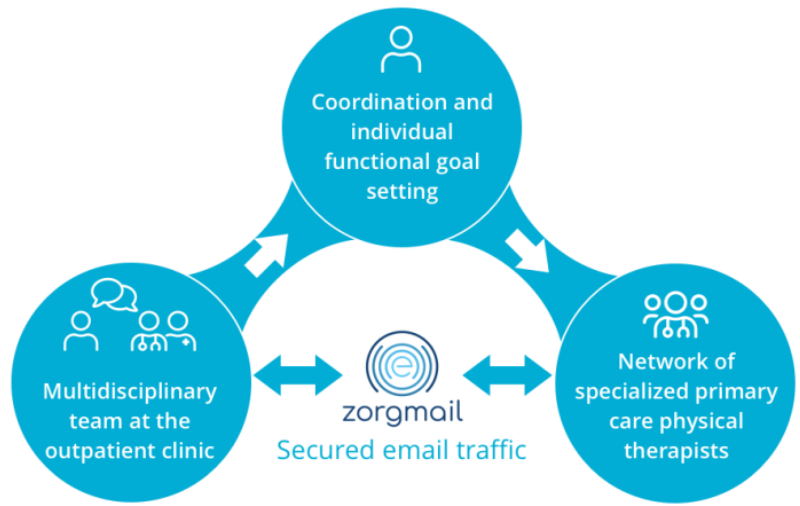
The TTCM consists of a continuous feedback loop, in which a multidisciplinary hospital-based team supervises a network of primary care physiotherapists during the rehabilitation process of trauma patients.

They showed that the model was associated with better patient outcomes and that it may be considered cost-effective compared with regular care. They also conducted a process evaluation, which established that the programme can be implemented well in real-world practice. Moreover, the process evaluation involved interviews with

stakeholders to establish what would help or hinder the implementation of the project.

Stakeholders recommend that greater fidelity could be achieved with a steering group, clear communication pathways, clear description of responsibilities, reflection meetings and appropriate reimbursement.

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